The following wetsuit size tables are provided as a guide only and we recommend sizing in our shop prior to diving for both pool and ocean diving:

	Men's Wetsuit Size Chart			
Dive S	uit Size	Height	Weight	
3	S	170 – 175cm	60 – 70kg	
4	М	175 – 180cm	65 – 75kg	
5	L	178 – 183cm	75 – 85kg	
6	XL	180 – 185cm	85 – 95kg	
7	XXL	183 – 191cm	95 – 105kg	
8	XXXL	190+cm	105+kg	

Women's Wetsuit Size Chart				
Dive Suit Size		Height	Weight	
0	6	160 – 165cm	45 – 50kg	
1	8	162 – 167cm	45 – 55kg	
2	10	165 – 170cm	50 – 60kg	
3	12	167 – 173cm	60 – 70kg	
4	14	170 – 175cm	65 – 75kg	
5	16	173+cm	75+kg	

Freediving Gold Coast provide a range of hoods, and vests to complement our rental wetsuit range to keep you toasty warm in winter and are complimentary in all ocean wetsuit rental.